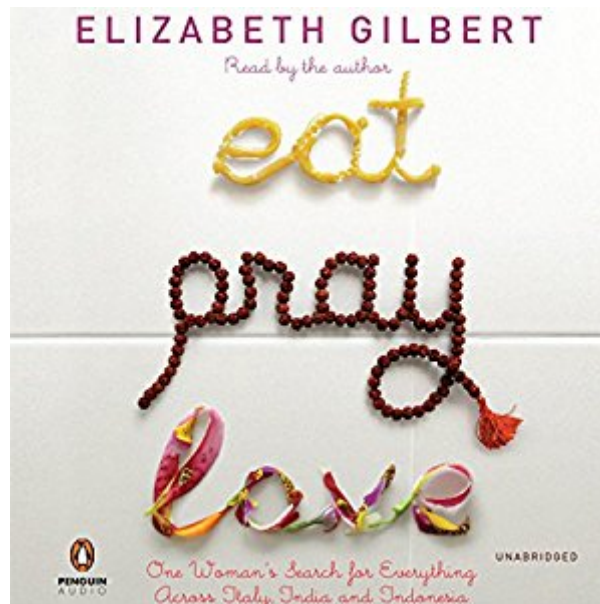


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# Eat, Pray, Love: One Woman's Search For Everything Across Italy, India, And Indonesia



## Synopsis

This beautifully written, heartfelt memoir touched a nerve among both readers and reviewers. Elizabeth Gilbert tells how she made the difficult choice to leave behind all the trappings of modern American success (marriage, house in the country, career) and find, instead, what she truly wanted from life. Setting out for a year to study three different aspects of her nature amid three different cultures, Gilbert explored the art of pleasure in Italy and the art of devotion in India, and then a balance between the two on the Indonesian island of Bali. --This text refers to the Perfect Paperback edition.

## Book Information

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## Customer Reviews

I find it so surprising--reading the angry, negative reviews--that the people who hated the book hated it for exactly the reasons why some steer clear away from the the spiritual-journey-memoir genre. Yes, the author is self-absorbed, yes, she seems to think of only trite stuff, yes, she seems self-indulgent with her problems. And yes, she's allowed. It is after all a book that is positioned to address these things in the author's self; who otherwise would not be searching for something more: more meaning and more appreciation in/of her life. Here is a woman who shows all the possibly-perceived-as-lacking-substance thoughts of hers and we are throwing tomatoes at her. One thing, she obviously wasn't afraid of that. She wasn't aiming to be coming off as some deeply wise woman but a fumbling girl-woman trying to break out of what she felt was imminent disaster (had she had the baby and delayed her need to find out what she truly wants from her life she might

have left not only her husband, but their child, or most probably ending up not leaving out of guilt and becoming crazy instead: exposing her family to that for years; not an uncommon reality). She is not one for anti-depressants, remember. This memoir falls in the same category as the TV show *Sex and the City* (of which it was compared to in a review here). Both get trampled for being supposedly superficial, covering the silly plights of city girls who don't know what they want and yet have everything.

'Eat, Pray, Love...' was a book I liked and disliked at the same time. On the one hand, it was fresh, witty and fun, and on the other hand it would devolve into obsessive ruminations about Liz Gilbert's failed marriage, her attempt to find God and her sadness and perceived "misery". It was at once clever and boring, hot and cold, cathartic and self-indulgent. It's not a horrible read (closer to 3-1/2 stars), it's just that over the course of the book, the incessant whining takes its toll. The book begins with Liz Gilbert questioning her marriage. She ultimately leaves her husband, finds a boyfriend, gets rid of him too and thus starts the quest for God and the meaning of "her" life. She does this by eating her way through Italy, praying and meditating in India, and hanging out and making whoopee in Bali. Initially I loved her insight and wit. I found myself actually laughing out loud at her intuitive commentary; but then I found myself getting bored (and frankly irritated) at her droning on and on about being so sad and devastated, and the pain she was in, and the heartache, and sorrow and misery, ad nauseam. I was waiting for her to describe something truly miserable, heart-breaking or tragic that had happened in her life, but all I found was a woman who went through a couple of failed relationships and acts like she's the only one in the world who's been through it. I kept thinking, good grief, get over yourself girl! I mean, really, the majority of women who go through divorces (or worse) pick themselves up and move on without self-indulgent self-reflection for a week, nonetheless a whole year! Most of the women I know have no time for self-pity, and Liz Gilbert was "The Queen" of self-pity (at least in this book).

Here is a book that either changed people's lives or irritated the bejesus out of them. Count me among the latter. *Eat Pray Love - One Woman's Search for Everything Across Italy, India and Indonesia* by Elizabeth Gilbert was supposed to enlighten me. It didn't. OK -- First the positive: Overall, it is a well-written book. The author takes many complicated metaphysical concepts and makes them readable. The book is divided into sections: Eat, which is the author's journey to Italy; Pray, her pilgrimage to India and Love, where she takes a lover in Bali. This is about a thirty-something woman looking for spirituality and happiness. She is married, but desperately

unhappy for no single reason that she cannot or will not divulge. So, she leaves her husband (and, by the way, gives him all marital property out of supposed "guilt" for leaving him, making me wonder what exactly she did to warrant this) and falls right into another relationship (a-ha! adultery, perhaps?). When the rebound relationship that broke up her marriage falls apart, she now wants to find God. Of course. She claims God spoke to her on the bathroom floor, thus beginning her journey. But not before she goes to her publisher and secures a \$200,000 advance for this book. Makes you wonder, as one reviewer on [pointed out](#), was the journey retrofitted to the book proposal? What better way to go find God than in Italy. For four months she eats gelato, practices her Italian with a young man named Luca Spaghetti (If you are going to make up names of allegedly real people, could you find a more stereotypical name? Why not Carmine OrganGrinder?) and gains 23 pounds -- quick to point out to the readers that she was way underweight to begin with.

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